



NPO GUIDELINES

These instructions are strictly enforced to keep your child safe. Food and/or liquids consumed after the cut-off time may result in your child's procedure being delayed and/or cancelled.

- ALL SOLID FOODS must be discontinued at midnight.
- BREAST MILK must be discontinued 6 hours prior to surgery.
- INFANT FORMULA/NON-HUMAN MILK must be discontinued 8 hours prior to surgery.
- CLEAR LIQUIDS must be discontinued 2 hours prior to surgery.
 - CLEAR LIQUIDS include water, Pedialyte, Gatorade, clear soda products, Powerade, apple juice (NO pulp or cider).

For questions/clarification or concerns, please contact the CHOA Pre-Anesthesia Department for the location of your child's procedure:

- Scottish Rite Main Hospital: 404.785.2555
- Egleston Main Hospital: 404.785.6712
- Meridian Mark Ambulatory Surgery Center: 404.785.5615
- Satellite Blvd Ambulatory Surgery Center: 404.785.8134